

Pregnancy Gingivitis

What causes Pregnancy Gingivitis?

Pregnancy Gingivitis is caused by hormonal changes that take place during pregnancy.

Why is it called Pregnancy Gingivitis?

Over half of all pregnant women develop Pregnancy Gingivitis.

What are the symptoms of Pregnancy Gingivitis?

Gums that bleed when you brush
Red, swollen or tender gums
Chronic bad breath
Sensitive teeth

How to reduce the risk of pregnancy gingivitis?

- Brush at least 2 times per day.
- Use a soft head toothbrush
- Floss after every meal
- Visit your dentist during pregnancy

Is Pregnancy Gingivitis treatable?

Yes, pregnancy gingivitis is treatable and reversible. If treated it clears up at the end of the pregnancy.



If left untreated, pregnancy gingivitis can develop into Periodontal Disease. Periodontal disease is a gum disease that if left untreated can lead to tooth loss.



Pregnant women with periodontal disease are seven times more likely to have pre-term or low birth weight babies.

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